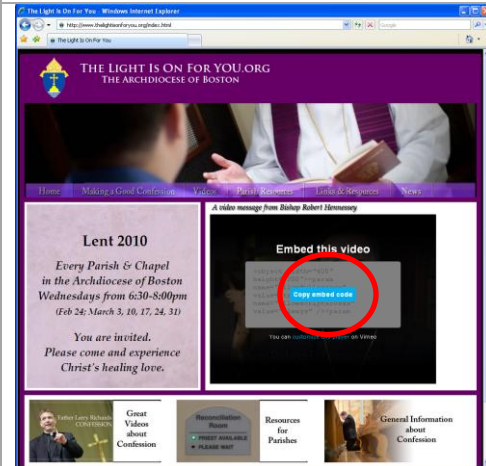
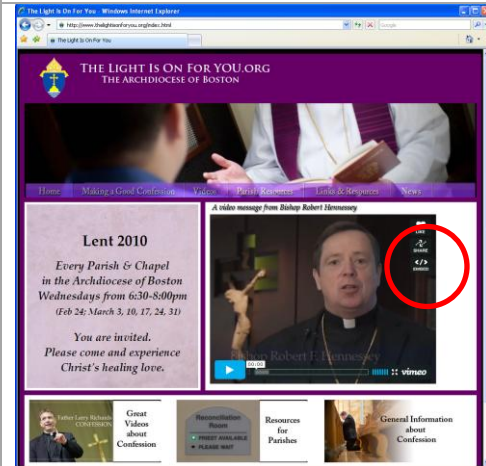
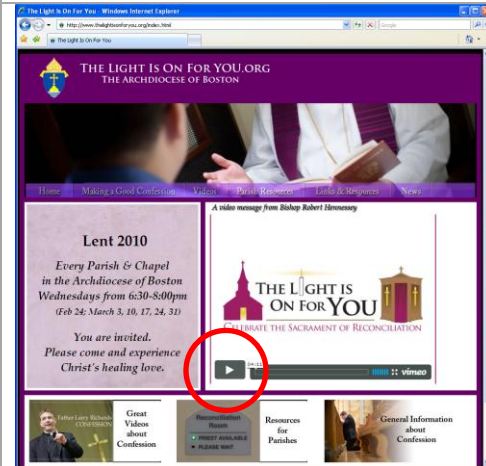


# Downloading/Embedding the Video Message to your Parish's Website

- | Step 1   | Step 2   | Step 3  | Step 4   |
|--|--|---|--|
| <ul style="list-style-type: none"> <li>Go to <a href="http://www.TheLightIsOnForYou.org">www.TheLightIsOnForYou.org</a></li> <li>Click on the "Play" button</li> </ul> | <ul style="list-style-type: none"> <li>Click on the "Embed" link in the upper right of the video.</li> </ul> | <ul style="list-style-type: none"> <li>Click on the "Copy Embed Code" link in the middle of the video.</li> </ul> | <ul style="list-style-type: none"> <li>Once it is copied, your parish's webmaster can then "paste" the text in your parish's homepage or email it to your parish webmaster.</li> </ul> |



**What the code will look like:**

```
<iframe src="http://player.vimeo.com/video/9011029?title=0&amp;byline=0&amp;portrait=0" width="400" height="226" frameborder="0" webkitAllowFullScreen mozallowfullscreen allowFullScreen></iframe><p><a href="http://vimeo.com/9011029">The Light Is On For You!</a> from <a href="http://vimeo.com/bostoncatholic">Archdiocese of Boston</a> on <a href="http://vimeo.com">Vimeo</a>.</p>
```